

2025 Consumer Directed Healthcare (CDH) Preventive Medications - Standard

This list provides examples of commonly prescribed preventive medications. It is not an all-inclusive list; however, many examples of the medications are listed in each category.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

Coverage prior to the deductible being met may not be provided for every strength or dosage form of a listed medication.

Please note: When feasible, brand names are shown in capitals in each category. If generic is available, it is listed in lowercase next to the brand name. If only generics are available (for example, brands are no longer available), they will only be listed in lowercase.

ASTHMA

ARNUITY ELLIPTA
 ASMANEX HFA
 ASMANEX TWISTHALER
 budesonide oral inhalation
 Peak flow meters
 QVAR REDIHALER

BONE DISEASE AND FRACTURES

ACTONEL (risedronate)
 ATELVIA DR (risedronate DR)
 BINOSTO
 DUAVEE
 EVISTA (raloxifene)
 FOSAMAX (alendronate)
 FOSAMAX D
 ibandronate oral

CAVITIES

CLINPRO
 GEL-KAM
 periomed
 PREVIDENT
 sodium fluoride rinse, gel, cream,
 paste, tabs and drops

COLONOSCOPY PREPARATION*

gavilyte-c
 gavilyte-n
 GOLYTELY solution (PEG-3350/
 electrolytes, gavilyte-g)

COLONOSCOPY PREPARATION* (CONTINUED)

sodium, potassium and
 magnesium sulfates

DEPRESSION

citalopram
 escitalopram
 fluoxetine
 fluoxetine DR
 fluvoxamine
 fluvoxamine ER
 PAXIL (paroxetine)
 PAXIL CR (paroxetine ER)
 sertraline

DIABETES

INSULINS

HUMALOG
 HUMULIN
 INSULIN GLARGINE-YFGN
 LYUMJEV
 SEMGLEE-YFGN
 TOUJEO MAX SOLOSTAR
 TOUJEO SOLOSTAR
 TRESIBA
 TRESIBA FLEXTOUCH

INSULIN/GLP-1 RECEPTOR
AGONIST COMBINATIONS
 SOLIQUA

NON-INSULINS

acarbose
 ACTOS (pioglitazone)
 ACTOPLUS MET
 (pioglitazone/metformin)
 BYDUREON BCISE
 BYETTA
 CYCLOSET
 DUETACT
 (pioglitazone/glimepiride)
 FARXIGA
 glimepiride
 glipizide
 glipizide/metformin
 Glucometers
 GLUCOTROL XL (glipizide ER)
 glyburide
 glyburide/metformin
 glyburide micronized
 GLYXAMBI
 JANUMET
 JANUMET XR
 JANUVIA
 JARDIANCE
 metformin
 metformin ER
 miglitol
 MOUNJARO

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NON-INSULINS (CONTINUED)

nateglinide
OZEMPIC
repaglinide
RIOMET (metformin solution)
RIOMET ER suspension
RYBELSUS
saxagliptin
saxagliptin/metformin
SITAGLIPTIN
SYMLINPEN
SYNJARDY
SYNJARDY XR
TRIJARDY XR
TRULICITY
XIGDUO XR

HEART DISEASE AND STROKE

BLOOD THINNERS

aspirin, 81 mg* & 325 mg
aspirin/dipyridamole ER
BRILINTA
clopidogrel
dabigatran
dipyridamole
DURLAZA ER
EFFIENT (prasugrel)
ELIQUIS
jantoven
warfarin
XARELTO
ZONTIVITY

CHOLESTEROL LOWERING

HMG-COA REDUCTASE INHIBITORS*

atorvastatin
FLOLIPID suspension
fluvastatin
LESCOL XL (fluvastatin ER)
LIVALO (pitavastatin)
lovastatin
pravastatin
rosuvastatin
simvastatin
ZYPITAMAG

OTHER CHOLESTEROL LOWERING AGENTS

CADUET (amlodipine/atorvastatin)
colesevelam
COLESTID (colestipol)
ezetimibe
ezetimibe/simvastatin
FENOGLIDE (fenofibrate)
FIBRICOR (fenofibric acid)
LOPID (gemfibrozil)
NEXLETOL
NEXLIZET
NIACOR
niacin
niacin ER
QUESTRAN (cholestyramine)
QUESTRAN LIGHT (cholestyramine
light, prevalite)
REPATHA
TRILIPIX (fenofibric acid DR)
VASCEPA (icosapent ethyl)

HIGH BLOOD PRESSURE (HBP)

ACE INHIBITORS

ACCUPRIL (quinapril)
ALTACE (ramipril)
captopril
fosinopril
LOTENSIN (benazepril)
moexipril
perindopril
trandolapril
VASOTEC (enalapril)
ZESTRIL (lisinopril)

ACE INHIBITORS/DIURETIC COMBINATIONS

ACCURETIC (quinapril/HCTZ)
captopril/HCTZ
fosinopril/HCTZ
LOTENSIN HCT
(benazepril/HCTZ)
VASERETIC (enalapril/HCTZ)
ZESTORETIC (lisinopril/HCTZ)

ANGIOTENSIN II RECEPTOR ANTAGONISTS

candesartan
eprosartan
irbesartan
losartan
olmesartan
telmisartan
valsartan

ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS

candesartan/HCTZ
irbesartan/HCTZ
losartan/HCTZ
olmesartan/HCTZ
telmisartan/HCTZ
valsartan/HCTZ

BETA BLOCKERS

acebutolol
betaxolol
bisoprolol
CORGARD (nadolol)
LOPRESSOR
(metoprolol tartrate)
metoprolol succinate ER
nebivolol
pindolol
propranolol
propranolol ER
TENORMIN (atenolol)
timolol

BETA BLOCKER/ DIURETIC COMBINATIONS

bisoprolol/HCTZ
metoprolol/HCTZ
propranolol/HCTZ
TENORETIC
(atenolol/chlorthalidone)

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CALCIUM CHANNEL BLOCKERS

amlodipine
CARDIZEM (diltiazem)
CARDIZEM CD (cartia XT, diltiazem CD)
CARDIZEM LA (diltiazem ER, matzim LA)
felodipine ER
isradipine
nicardipine
nifedipine
PROCARDIA XL (nifedipine ER)
SULAR ER (nisoldipine ER)
TIAZAC ER (diltiazem ER, tiadylt ER, taztia XT)
verapamil
verapamil ER
verapamil SR
VERELAN PM (verapamil ER PM)

DIURETICS

chlorthalidone
DIURIL suspension
hydrochlorothiazide
indapamide
metolazone

OTHER HBP & COMBINATIONS

amlodipine/benazepril
amlodipine/olmesartan
amlodipine/olmesartan/HCTZ
amlodipine/telmisartan
amlodipine/valsartan
amlodipine/valsartan/HCTZ
Blood pressure monitors
CADUET (amlodipine/atorvastatin)
PRESTALIA
trandolapril/verapamil ER

MALARIA

ARAKODA
chloroquine
mefloquine
MALARONE
(atovaquone/proguanil)
primaquine

MIGRAINE PREVENTION

AIMOVIG
AJOVY
EMGALITY 120mg
QULIPTA

MISC ANTIVIRALS

APRETUDE*
BEYFORTUS
DESCOVY*
emtricitabine/ tenofovir disoproxil fumarate (TDF) 200mg/300mg*
PREVYMIS
SYNAGIS

OBESITY

ADIPEX-P (phentermine)
benzphetamine
CONTRAVE
diethylpropion
diethylpropion ER
IMCIVREE
LOMAIRA
phendimetrazine
phendimetrazine ER
PLENITY
QSYMIA

OBESITY (continued)

WEGOVY
XENICAL
ZEPBOUND

SMOKING-CESSATION*

bupropion SR 150mg
CHANTIX (varenicline)
NICODERM CQ (nicotine patches)
NICORETTE (nicotine gum and lozenges)
NICOTROL NS

VACCINATION*

Anthrax, BCG, Chikungunya, Cholera, COVID-19, Diphtheria, Haemophilus Influenza B, Hepatitis A and B, Human Papillomavirus, Influenza, Japanese Encephalitis, Measles, Meningococcal, Monkey/smallpox, Mumps, Pertussis, Pneumococcal, Poliovirus, Rabies, Respiratory syncytial virus, Rotavirus, Rubella, Shingles, Tetanus, Tick-borne encephalitis, Typhoid, Varicella, Yellow Fever, Zoster

VITAMINS OR MINERALS

Folic acid*
Prenatal vitamins
Pediatric multivitamins with fluoride*

*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

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